

## PRESS RELEASE

April 24 – July 05, 2026

EXHIBITION

***Nicole L'Huillier***  
***Rehearsal Room***

OPENING: April 23, 2026, 6–9 pm

**Opening Hours:** Thursday and Friday, 2–8 pm, Saturday and Sunday, 12–8 pm

**Free Entry**

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**Rehearsal Room by Nicole L'Huillier**  
**Sounds, Dreams, and Vibrations — a space for sensory immersion and an inquiry into the landscapes of sleep and dreams**

In *Rehearsal Room*, Chilean artist Nicole L'Huillier creates an immersive sonic environment that invites visitors to sleep, dream, and rest. The installation brings together recorded dream reports and a soundtrack composed specifically for the exhibition, guiding listeners into a state of relaxation. A series of short podcasts expands the experience, offering insights into the research and dream practices of scientists and artists. According to the artist,

*"Rehearsal Room explores sound as a medium and a portal through which collective improvisation, attunement, restoration, dream sharing, and the rehearsal of reality through (day)dreaming can open resonant territories where our realities ripple as they are sensed, imagined, and shaped together."*

Developed in close collaboration with US-American dream researcher and neuroscientist Adam Haar Horowitz, *Rehearsal Room* explores the creative and cognitive potential of sleep and dreaming.



Installation View *Rehearsal Room*, Nicole L'Huillier, Photo: Pauline Ruther

The exhibition at Schering Stiftung unfolds across three elements. A large resting area invites visitors to lie down on a mattress made of acoustic foam. They may listen to a 45-minute soundtrack based on dream incubation and brainwave entrainment techniques that blend drone, ambient sound, and field recordings. Filling the entire exhibition space, the soundtrack was developed by L’Huillier in collaboration with Colombian musician and producer Nyksan, whose work combines electronic sound with recordings from nature. The collaboration in Berlin was made possible through the DAAD Artists-in-Berlin Program.

At the center of the space, a whispering choir conceived in collaboration with AI researcher and artist Manaswi Mishra—guided by a speech-based AI trained by the artist—gradually reveals fragments of dream narratives as visitors approach. A drum-like microphone invites them to add their own dreams to the chorus.

Eight headphones offer further insights into contemporary dream and sleep research. Featured voices include Adam Haar Horowitz (graduate of MIT), Karen Konkoly (Northwestern University), artist Precious Okoyomon, artist, composer, and researcher Kite, and sleep researchers Björn Rasch (Université de Fribourg) and Martin Glos (Charité – Universitätsmedizin Berlin), as well as artist duo Nomasmetaforas, and Thea Herold (Deutsche Stiftung Schlaf), bringing together perspectives from science and the arts.

Dr. Christina Landbrecht, Head of the Arts Program and curator of the exhibition, notes:

“Dreaming has been a central theme in visual art since Surrealism. More recently, scientists have also recognized its importance, showing that dreaming plays a key role in whether sleep is experienced as restorative. In *Rehearsal Room*, visitors enter a sonic landscape where they can drift, daydream, and learn about sleep and dreaming. L’Huillier’s sounds enable them to sensorially explore a state of consciousness beyond wakefulness.”

*Rehearsal Room* was produced in collaboration with 36<sup>th</sup> Ljubljana Biennale of Graphic Arts, curated by Chus Martínez, where it was presented from June 6 to October 12, 2025.

Nyksan’s stay in Berlin was made possible by the DAAD Arts and Media Program, financed by funds from the Federal Foreign Office.

Deutsche Stiftung Schlaf is a partner of the exhibition presented in Berlin.



## Public events accompanying the exhibition:

May 02, 2026, 11 am to 2 pm: Guided tour through the exhibition with the artist, followed by a conversation between **Nicole L'Huillier** and **Cağla İlk** (Designated Artistic Director, Maxim Gorki Theatre, Berlin), moderated by **Dr. Christina Landbrecht** (Schering Stiftung) as part of Gallery Weekend Berlin

Date tbc: Lecture by **Dr. rer. medic. Martin Glos** (Medical physicist and sleep scientist, Interdisciplinary Center of Sleep Medicine, Charité Berlin) and Workshop with **Thea Herold** (Managing Director, Deutsche Stiftung Schlaf)

June 26, 2026, 6 pm: Lecture by **Dr. Adam Haar Horowitz** (Neuroscientist) followed by a conversation with **Nicole L'Huillier** and **Prof. Dr. Chus Martínez** (Curator, 36<sup>th</sup> Ljubljana Biennale and Head of the Institute Art Nature Gender, Basel Academy of Art and Design), moderated by **Dr. Christina Landbrecht** (Schering Stiftung)

Further information can be found on our website [www.scheringstiftung.de](http://www.scheringstiftung.de)

**Nicole L'Huillier** (b. 1985, Santiago, Chile) is a transdisciplinary artist and researcher whose work engages sound, frequencies, and vibrations to explore questions of identity, collectivity, and what she describes as a "vibrational" imagination. Her practice spans installations, sound sculptures, self-built instruments, performances, experimental compositions, and writing. L'Huillier received her PhD in Media Arts and Sciences from the Massachusetts Institute of Technology (MIT) in 2022. Her work has been presented internationally, including at the Ljubljana Biennale of Graphic Arts (36<sup>th</sup> edition, 2025), the Bienal do Mercosul (14<sup>th</sup> edition, 2025), the Biennale di Venezia (60<sup>th</sup> edition, 2024), Kunsthalle Bern (2024), the Ming Contemporary Art Museum in Shanghai (2023), the ifa-Galerie Stuttgart (2023), the Staatliche Kunsthalle Baden-Baden (2022), as well as at the transmediale in Berlin (2022) and Ars Electronica in Linz (2022).

**Schering Stiftung** was founded in 2002 to promote both science and culture, with a particular focus on the life sciences and contemporary art. The foundation places special emphasis on projects at disciplinary boundaries, especially at the intersection of science and art. In addition to its own programmatic activities, Schering Stiftung supports educational initiatives in science and culture for children and young people.

## Press Contact

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